

# Discrimination in all its facets



*Written by  
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Conflicting ideas can be the cause of great misery and indescribable chaos, so it seems. However, there is nothing wrong with conflicting ideas. All the misery that seems to come from conflicts doesn't really come from the conflicting ideas. Ideas don't fight each other. It all boils down to how we respond to a conflict of ideas. I think everyone can agree on this. It is just common sense.

So, what really happens when we are confronted with an opposite opinion? We tend to disagree! There is nothing wrong with that either. It is what might happen after we disagree. Can we face the fact that someone has an idea that is in conflict with what we believe to be true? If we cannot, this opposite opinion might trigger a negative, automatic response and then there is nothing we can do about it anymore. We have no control over this.

These automatic responses come from our subconscious mind. I know, you probably know all this but I still think it is worth mentioning as its importance cannot be over stated.

When these automatic responses subside, we can think about what came over us. Only then we are able to evaluate or rationalize it to some extent. We might even be able to find earlier incidents where we reacted the same way and as such get to the root cause of it.

You know what is really peculiar, not many people do this. They respond thousands of times in exactly the same way but never wonder why. They never ask themselves: 'Why am I so touchy?' How come I respond in such a negative way? These are important questions.

It is perfectly ok to disagree with the opinion of others but is it ok to emit negative emotions when others have different ideas than we do? Unless we use these negative emotions to see what causes them, they have no value. In fact, they tend to pull us down and will return unhindered when we are triggered again.

Now, let's analyze the subject of discrimination.

Everything starts with an idea. As soon as an idea gets sufficient form one will start to believe in it. This is necessary as without believing in our own ideas we will not be able to execute them. Our ideas will have to become our belief.

Most of the time certain skills are required to manifest what we believe in. These skills will also help us to strengthen our belief. We invest time, money and effort to make what we believe in come through. Our belief becomes more and more fixed in our minds this way.

If this is the case, what are we going to do when our belief is countered? How are we going to respond? What if someone tells us our ideas are harmful, dangerous, senseless or even unrealistic? Whether those countering our beliefs are correct or not, we probably won't like them.

We also adopt ideas from all sorts of information sources, but mostly from authorities in who we trust. We assume that their ideas are valuable and workable without questioning them.

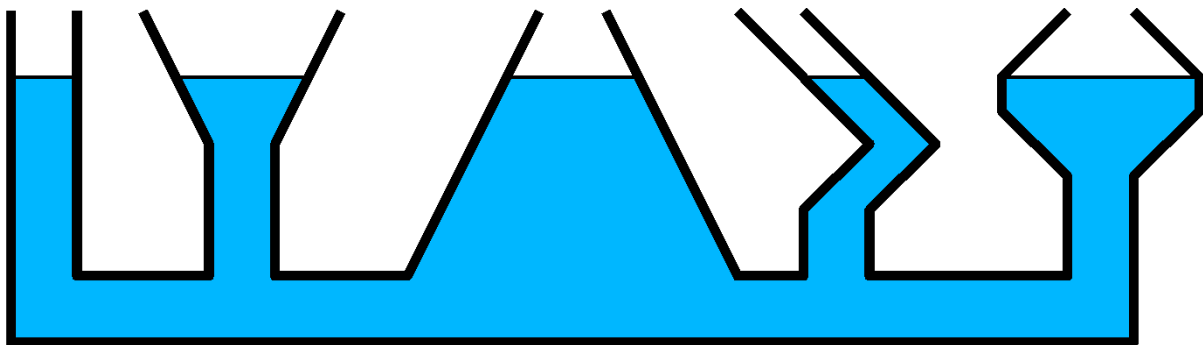
When we start applying these assumed, valuable ideas, while others might warn us that the information is incorrect or even harmful, we want to attack them with words or deeds. Remember we don't want to be wrong; we want to be right and above all we want a return of investment.

If we carefully work out a way to make someone wrong it is because we are unable to face up to his criticism. The inability to face up to critique is what gives the subconscious mind free reign. At the same time, it is what is in the subconscious mind that makes it hard for us to face up to critique. It is almost like a [catch-22](#).

We all went through hardship as a child where our ideas were crushed. Very often these were traumatic experiences that formed patterns in our subconscious mind. It is these patterns that can be triggered when we are adults. This is what can make us very touchy. These patterns are reactivated through stimuli such as being criticized.

Let us further analyze this. What exactly happens in our thinking when we cannot face the fact that we are criticized? Is there a more general cause that can be isolated?

I believe there is. This cause has everything to do with our self-esteem. I would like to compare our feeling of self-esteem to the law of communicating vessels.



**Communicating vessels** or **vases** are a set of containers containing a homogeneous fluid and connected sufficiently far below the top of the liquid: when the liquid settles, it balances out to the same level in all of the containers regardless of the shape and volume of the containers. If additional liquid is added to one vessel, the liquid will again find a new equal level in all the connected vessels. [Reference Wikipedia](#)

Imagine your self-esteem is in the middle vessel and the other four vessels contain the self-esteem of those countering your beliefs. What happens when those countering your beliefs push your self-esteem down by making a fool out of you. You feel less certain, irritated and maybe even angry. As they notice your self-esteem taking a dive it might increase theirs. They will feel more certain about their opinion. The liquid in their vessels will rise when they press the liquid in your vessel down.

Many people don't understand why others, without good reason, want to ridicule their beliefs or opinions. Whether they have a good reason or not doesn't really matter much in the greater scheme of things. You need to realize what motivates them to do it.

If your ideas go against the ideas of others or what is generally accepted as true, your ideas endanger their certainty.

As they become less certain their self-esteem diminishes.

Our self-esteem is built on certainties. When it diminishes, we want to compensate for our lowered self-esteem by attacking those that think less of us. If we succeed, the ones countering our ideas will suffer a lowered self-esteem and our self-esteem will again rise.

Whenever we can attack others as a group, we become even more powerful in hurting the self-esteem from those that disagree with us. It could even make them give up their beliefs and all the vessels would again even out.

However, it wouldn't take long for the vessels to go out of balance again as we humans continually try to press the liquid in the other vessels down so our liquid can rise again.

Our self-esteem is not static. It is in a constant change through all kinds of stimuli from the outer world.

Everything we think, say or do has an effect on ourselves and others confronted with it. The effect can be interpreted as positive or negative depending upon where people are on the scale below.

## Personality Scale

- **Social Personality**
- **Moderate Social Personality**
- **Non-Social Personality**
- **Moderate Anti-Social Personality**
- **Anti-Social Personality**

The **Social Personality (SP)** will at least be irritated when he notices that he hurt someone. It might even hurt his own self-esteem. The **SP** will excuse himself and will be strongly inclined to make up for any damage done to get back in balance with the person he got into trouble.

The **Anti-Social Personality (ASP)** will be glad seeing that he has hurt others.

His self-esteem will grow and the middle vessel, in the above picture, might even overflow depending upon how much misery he was able to bring about.

The narcissist, sociopath and psychopath all fall under the **Anti-Social Personality (ASP)**. Maybe the narcissist could be categorized under the **Moderate Anti-Social Personality (MSP)** in certain occasions depending on the severity of his condition.

I tend to believe that most people are **Moderate Social Personalities (MSP)**. In current times however the human condition is rapidly worsening in the direction of the **Non-Social Personality (NSP)** and, even worse, the **Moderate Anti-Social Personality (MASP)**. What this means is that the **Anti-Social Personality** is gaining territory and is getting much more grip on the levels above.

This also means that those in control of all the different human societies will have more and more **Moderate Anti-Social Personalities (MASPs)** and **Anti-Social Personalities (ASPs)** in their ranks.

It is of paramount importance to come to an understanding of how these people operate and how to detect them especially when you are under their control with or without being aware of it.

There is an avalanche of YouTube videos you can study on this subject. To me, the best sources that explain these three personality disorders are the Prof. Sam Vaknin and Richard Grannon videos.

I would like to give three character traits that we can find, to a greater or lesser degree, in all personalities on this scale except for the **Social Personality (SP)**.

It will be somewhat difficult at first to recognize these traits but not for the **Social Personality (SP)**. The **SP** will have the least difficulty with it.

The majority of people are below the level of the **SP**. This means that they will have these traits themselves. This makes it less easy to observe them in themselves.

It is easier for us to see what is wrong in others than in ourselves. This means that we can observe these traits. We just have to learn to become aware of them in ourselves. When we can see them in others, we can also see them in ourselves if we would only care to look inside. Only then can we recognize how we affect others with them.

These three character traits create a smoke screen that makes it difficult to see what is really going on.

### **The three character traits used to create a smoke screen:**

- 1. Withholding the actual cause of the conflict.**
- 2. Using generalities against those criticizing us.**
- 3. Stigmatizing those we disagree with.**

Stigmatizing means to characterize or brand as disgraceful.

When we discriminate others, we tend to stigmatize them. We all know the stigmas that are popular in current times such as complot theorist, complot thinker or anti vaxxer,

Stigmatizing people or particular groups of people is a very effective weapon in the arsenal of the **Anti-Social Personality (ASP)**. It can be used to put people up against each other. In a conflict it is easier to withhold information of real importance when stigmatizing our opponent.

Speaking or writing in generalities is another effective weapon used by the **ASP** to stir up conflicts in order to keep those involved away from the real problem. When people attack each other, they are not really inclined to look for the cause of their conflict. For those emotionally involved in a conflict it is always the opponent that is the cause of the conflict.

Many discussions deteriorate into generalities. These generalities are also used to defend one's own self-esteem. We want to hurt our opponents to make them feel less of themselves so we can feel better and more certain about our ideas or beliefs.

Without these three character traits it would be very hard, if not impossible, to start a war. There are other weapons in the arsenal of the **Anti-Social Personality (ASP)** but the three listed here are most effective when escalation of a conflict is desirable. These three features are most suitable to erect a smoke screen. It is the smoke screen that one needs when the real cause of a conflict needs to remain hidden.

***Politicians are masters in manipulation and deception; they know as no other how to use these three discussion weapons. Without politicians it would not be possible for the powerful elite to keep humanity under their control to the extent that they now do.***

***This control over humanity can be improved with technology to such a level that politicians are no longer needed to protect their elite masters.***

***Political discussions are used to erect a smoke screen that the power elite need to protect the real issues from becoming known. The elite have their own agenda that must lead to a dictatorial world government.***

***All the disagreements between the different political parties are needed to keep the smoke screen going. The only reason we have all these different political parties is to give their followers the impression that the leaders of these political parties are working for the good of humanity. They are not.***

***It doesn't matter how promising their messages might sound, they don't work for us. They work, together with the main stream media, as a public relation department for the power elite and the big multinationals. We have no say in it whatsoever.***

***Many of the alternative media outlets that arrived much later on the scene are being sponsored by intelligent agencies, governments, multi nationals and the rich elites. This is how they control the opposition. All politicians and many main stream journalists, including many alternative journalists, are wolfs in sheep's clothing.***

Most people that read this article will agree with what I have been writing so far until the last 6 paragraphs. I put them in both bold and italics to really make them stand out.

I did put it in this e-book for a specific reason. I know that, by writing such controversial and daunting statements, people get triggered. People who have a hard time doubting their own convictions will, by reading these paragraphs, experience an instant negative response from their subconscious mind. They will become irritated and might even become angry or any similar response.

In writing this I created a conflict of opinions or more severe a conflict of beliefs. How do you feel now about the writer of this e-book? Are you ready to dump this e-book? Some may now think: 'Then he really is a complot theorist'.

This is the easy way out as through putting a label on me will at once ease off the uncertainty that arose with reading these paragraphs. This will also diminish the automatic response.

As soon as we stigmatize the messenger the message cannot be observed properly anymore. Too much attention has transferred from the message to the messenger.

When we stigmatize the messenger, we will also be very much inclined to speak or write in generalities about the messenger and his message. In fact, very often, generalities are in itself a stigma. 'You are an asshole' is both a generality and a stigma.

Let me give an example of a discriminating and stigmatizing event. For this I like to refer to a very popular Television series of the past.

### [Kung Fu Caine versus jerk](#)

It is a television clip from a tv series that was broadcast in the seventies. It was called Kung Fu and had, as lead actor, David Carradine playing the role of Caine and Roy Jensen as the jerk.

Please take a look at this clip. It is just a few minutes long but shows very clearly how stigmatizing others can lead to a conflict or in this case a fight. It also shows how group agreement can add to a conflict. There is no discussion between Caine and the jerk. Caine didn't say anything to the jerk, he only defended himself when it became necessary. Then he left leaving the jerk and all the people around him behind in total bewilderment.

We can easily see in this clip that the conflict was caused by stigmatizing and discrimination. The jerk became violent because his derogatory remarks had no effect on Caine. He wanted to suppress him mentally and when he didn't succeed, he had to become violent to get his way. Without becoming violent he would have lost respect from his comrades. He lost respect anyway as his fight against Caine got nowhere.

The role of the jerk shows the characteristics of the **Moderate Anti-Social Personality (MASP)**. The role of Cain very well shows the **Social-Personality (SP)**. Caine never uses violence unless he has to defend himself. He always treats both friend and enemy with respect as he learned from his Chinese masters when he was still a child.

**Social-Personalities (SPs)** are quite unique in this world. There aren't many of them. They are brave, humble and always correct in manner. They don't lie, don't speak in generalities, have not much fear and never stigmatize others. They have a very high tolerance level and practicing these virtues became second nature to them.

The role of Caine, acted by David Carradine in an excellent way, shows all the characteristics of a **Social-Personality (SP)**. That is why I chose this clip as an example.

Discrimination of certain groups of people, who are different or have different ideas that go against our ideas, is always caused by the three character traits mentioned above.



I will list them again here as they are of the utmost importance:

- 1. Withholding the actual cause of the conflict.**
- 2. Using generalities against those criticizing us.**
- 3. Stigmatizing those we disagree with.**

Numbers 2 and 3 will erect the smoke screen needed to withhold what one doesn't want you to know.

Almost everyone uses generalities one time or another. If you say to someone: "This guy is a lunatic", it doesn't tell that person anything specific. The only thing that is clear about such a statement is that for some reason or other we have an aversion against this person and thus are unable to accept him as he is.

He is such a [tin foil hat](#). He thinks that electromagnetic radiation affects his brain, ha, ha, ha, what a jerk.



This is another example of stigmatizing someone. By using such a stigma, we might give others the impression that people who wear aluminum foil as headgear or within their hat are complot crazy.

Whether this is true or not we need to sort out for ourselves, instead of blindly copying what is stated by authorities. It is so easy to repeat others. We don't have to search for how things really are and we don't risk falling out of grace with our fellow man.

I must admit that, even with all the media gadgets at our disposal, it is not all that easy to search for factual information. We live in an information war between reliable and unreliable information sources. This war is mainly caused by scientists, politicians and journalists.

There are the scientists that work for the multinationals. They have to follow their strategies and one very important strategy is profit. These scientists have to manipulate their research in such a way that it will give the desired profit. Whether their findings are for the greatest good is of no concern to the shareholders of these multinationals. They are only interested in the amount of money they can earn.

Then there are the independent scientists that want to research for factual information. They are a minority who work for companies that do have our best interest in mind. Very often their conclusions are in direct opposite to the findings of the more compromised scientists.

It is pretty much the same with the main stream media versus the alternative media and the governments versus their opposition. They all claim the opposite. People don't know any more who to believe.

The purpose of this e-book is not to tell you who is right and who is wrong. It is to make you think for yourself and search for factual information that produces results for the benefit of all.

Again, this is not always an easy task. However, there are certain indicators that will help you to determine whether an information source is trustworthy.

I want to give you a list of distinguishing features that might help you when you want to determine the reliability of an information source:

I will start with indicators that you will find when studying an unreliable information source:

- Incomplete information that gives a different perspective of what is really going on
- Facts that seem twisted or falsified and when you ask for clarification you get no clear answers
- General statements used to cover the truth
- Stigmatizing other information sources that have a different opinion on the matter at hand
- No source references
- Not being allowed to question their information
- Unwillingness to correct wrong information
- Unwillingness to publish corrected information so those involved can all see that the information was indeed incorrect.

Here are some indicators that you can use to find out whether an information source is reliable:

- The reported situation is explained as complete as feasible
- No essential information is left out
- No generalities are used to stigmatize or misdirect people with a different view on the information
- Questions are answered to complete satisfaction
- When their information is found to be incorrect, they will rectify as soon as possible
- Correct resources are given enabling the reader to find out where the information comes from.
- They are willing to rectify incorrect information as broadly as needed so everyone involved knows that the information was incorrect.

This should give you something to work with when you want to start your own research.

The 'powers that be' will do all they possibly can to put people up against each other. Divide and rule is their strategy that they have successfully used for ages. If we don't see through this and look for ourselves as to what is going on in our world we are in for disastrous times.

Do we still want a future for our children? Do we want to stay in control over our own bodies and thoughts? Then we need to stop accepting information as true because some authority tells us that it is true. Have the guts to doubt any and all information sources including me. Look for your own answers as no one can do this for you.

The corona pandemic will be replaced by other pandemics and, according to the World Health Organization, there will be pandemics with all the freedom limiting regulations at least until 2030.

During this time our freedoms will be stripped away one by one. We will never return to the old normal before the corona crisis. I am not saying this. It is Klaus Schwab, one of the founders of the World Economic Forum that stated this. Another statement of his is that we will own nothing and be happy about it. What do you think he means by that?

It means that all you now own will become the possession of the state. Communism on steroids you might say. We can still live in "our" home and drive "our" car but we rent them from the state. We will also be paid by the state at least when we do as we are told.

Is this what we want?

I sincerely hope that more and more people will be able to open their eyes and see what is coming. Fear is a bad advisor. Putting your head in the sand isn't going to do it. Thinking that it will all come to pass will not work this time around.

All the plans for the future of humanity are now out in the open. They can be studied in great detail. The United Nations, the World Economic Forum and the World Health Organization play a leading role in all this. You can find all their plans on their websites.

All their plans are packaged in such a way that you will think they are a necessity and the next step in human evolution.

According to these private organizations Covid 19 was the first step to a new type of human. The human body has to be upgraded towards a cyborg body that is completely under the control of Artificial Intelligence (AI). In other words, they want to make us all into a super slave.

They will make it extremely attractive. The Metaverse will be very addictive, especially for the young people that grew up with a smart phone in their hands.

They will soon have a smart phone within their hands and they will love it. They no longer have to drag their smart phone with them wherever they go.

The elite know human psychology. They count on the fact that we will keep believing that they work in our best interest and that we will keep doing what they want us to do.

Are we going to let this all happen?

And it will happen, if we don't start to take responsibility for the situation we are in. The elite few only count 144.000 and we are 7 billion plus.

Unless they can keep us in the dark long enough to get full control over our minds, they won't stand a chance. But the latter will happen as technology advances. Unless enough people distance themselves from their influence the machine kingdom will become a reality of which no escape is possible.

Spread this information far and wide as your life and the life of your friends and family and that of countless others depends on what we do with it.

Just as Caine be nice and respectful to friend and foe but stop being an obedient fool.