

MY THEORY OF EVERYTHING



A new slant on the essence of life

Written by

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An Introduction

This is not for everyone. It was mainly written for myself in an attempt to fulfill my desire to better understand the essence of life. For more than 50 years now I have been trying to come to a deeper understanding of life. I had to simplify many theories that were above my ability to grasp. So I took only those elements from these theories that I thought were worth considering.

Now I think I have reached a point where I feel I understand life at a much deeper level. I do realize it is just my viewpoint on it. It is my understanding of it as understanding is only a personal viewpoint. Understanding is a more desirable level of awareness as you can see things in a more orderly fashion, but that is all it is.

My theory of everything has nothing to do with Ken Wilbers book "A theory of everything". Also the very complex string theory and even more complex m-theory play no part in my concepts of this topic. These theories are way above my head.

But still, having this longing desire to make more sense out of life, I kept at it for all these years. I knew that my ability to understand complex information was limited so I asked the many questions I had to myself and answers came not only from myself but also from others that were crossing my path.

"To be or not to be, that is the question" (Shakespeare). And my own answer to this question is both to be and not to be. In other words we have existence and nonexistence and this is the basic principle that underlies my theory of everything.

In order to come to a complete theory of everything I worked out certain axioms that I could use to support it.

The Axioms

Axioms are self evident. You don't need to scientifically prove them to be correct as they can be understood by reason alone. Here they are:

Philosophical Axioms

Axiom 1

All of existence is mental

Axiom 2

Beyond the mind there is nonexistence

Axiom 3

Nonexistence has unlimited potential

Mathematical Axioms

Axiom 1

Zero point energy needs absolute zero to exist

Axiom 2

Absolute zero = unlimited potential = nonexistence

Axiom 3

Zero point energy is the original substance for creation that needs unlimited potential to create unlimited thought forms (existence).

Axiom 4

$0 + 1 = 1$ and $1 + 1 = 2$ (see axioms explained)

Axiom 5

$1 + 1 = 2$ and $1 + 1 + 1 = 3$ (see axioms explained)

Fundamental Philosophical Axioms

Axiom 1

Only not knowing can limit knowing

Axiom 2

Not knowing creates a desire to know

Axiom 3

The desire to know creates awareness

Axiom 4

Knowing is spirit and it is the mind that creates a desire to know within a spirit.

Axiom 5

When the mind separates from spirit too much the desire to know inverts and thus becomes a desire to not know and this is how awareness fluctuates between the desire to know and the desire to not know and all the levels in between. For a better understanding see the [Awareness Scale](#)

Axiom 6

A Spirit wants to know all there is to know contrary to mind not wanting to know all there is to know.

Axiom 7

For the mind to persist it has to stay away from knowing as knowing will evaporate mind and turn it back into spirit (knowing)

Axiom 8

Spirit is unlimited potential that lacks quantity and therefore energy and therefore a location in space.

Axiom 9

Spirit can individualize by taking on a viewpoint and it can only do this by creating an energy field (body) around this viewpoint. This is how spirit becomes a spiritual being.

Don't worry if these axioms don't make much sense to you at first glance. When you read the explanations for them on the next page they hopefully become more real to you.

The Axioms Explained

These axioms are my basic assumptions or hypothesis on which my theory of everything is build. They can only be understood by reasoning.

That is what I would like to do. I will use logical reasoning in explaining my theory of everything and I want to do this by referring to the above axioms. At first I will explain what these axioms mean to me.

Philosophical Axioms

Axiom 1

All of existence is mental

The entire mind is also called the universal mind or divine mind. To me it means the entirety of existence. Only the absolute zero can be seen as a quality that has no part within existence.

Existence can also be seen as consciousness or awareness. These words are to some degree interchangeable. In my opinion the word consciousness has been given so many interpretations that it has become a somewhat confusing term. It is for this reason that I mainly use the word awareness as the meaning of that word is simple and much more understandable to me.

Axiom 2

Beyond the mind there is nonexistence

You could ask yourself whether a potential is really nonexistent. We usually think of a potential as associated with something, like potential energy. To me a potential is only nonexistent when it refers to the absolute zero as the absolute zero is an unlimited potential that contains quality without quantity.

You could argue whether or not an unlimited potential needs a medium like zero point energy for existence to come about. I hope to convince the reader of this e-book that this is definitely the case.

I like to think that there is an absolute zero that has unlimited potential and is void of any and all quantity that creates the zero point energy field from nothing (absolute zero). I do realize many people will consider this a wild assumption.

Axiom 3

Nonexistence has unlimited potential

Nonexistence, being beyond the realm of the mind, cannot be understood as understanding is a mental activity. Understanding has to do with concepts that we form into an array of logical or illogical assumptions. Assumptions can also be a combination of logical and illogical ideas.

Understanding is a viewpoint that differs from person to person. It has nothing to do with knowing, as I will try to clarify later on in the text.

We cannot understand non referential nonexistence unless we see it as a quality without quantity. Referential nonexistence is for example: 'We ran out of milk'. Non referential nonexistence is the absolute zero that cannot be associated with anything but a quality without quantity.

Therefore I assume that the quality of non referential non existence must be an unlimited potential of everything.

Mathematical Axioms

Axiom 1

Zero point energy needs absolute zero to exist

I cannot explain zero point energy. It is much too complicated for me to comprehend. Even physicists don't seem to understand it fully.

"Physics currently lacks a full theoretical model for understanding zero-point energy" (Wikipedia)

I just assume that zero point energy is the substance for creation that needs unlimited potential to create thought forms (existence).

It is also called The Field by Lynne McTaggart. I believe the field to be the same as zero point energy. But there are other labels that point toward zero point energy such as chi or life force or scalar energy. There might be many others. I believe Wallace D Wattles from the book "The Science of Getting Rich" called it the original substance.

When we see absolute zero as unlimited potential, zero point energy must have emerged from it.

Axiom 2

Absolute zero = unlimited potential = non referential nonexistence

It is undeniable that within nothing anything goes. You can fill a vacuum with anything you like. Of course a vacuum isn't nothing. It seems a vacuum is some sort of container void of matter. The absolute zero is not contained. Zero point energy might be contained but only by the absolute zero.

The problem we have with this axiom is nonexistence or nothingness as it is sometimes called. To the mind a non referential nothingness is a complete and utter mystery. Talking about a potential in nothingness is even more outrageous. How could one possibly conceive of a potential within nothing.

If you think I am crazy to come up with such a statement I will not argue against it.

Then again, can we understand the source of all creation? We can only use pointers, as Eckhart Tolle used to say. We can think of words that point into the direction of source but that is as far as we can go.

Axiom 3

Zero point energy is the original substance for creation that needs unlimited potential to create unlimited thought forms (existence).

Some seem to think zero point energy is an unperceivable, chaotic mix of energetic particles but that could be entirely wrong. As stated before the scientific lingo on this is driving me crazy. I leave it to science to come to grips with it.

Still I cannot leave zero point energy out of my theory as I am convinced it plays an essential role in it.

I tend to believe that zero point energy is used to manifest thoughts. To take this even further, it could very well be that zero point energy, or the field, is placed into existence by a desire to know. More on this further down in this theory.

Some believe that thought forms have a mathematical origin. Others believe thought forms have their origin in significance. Whatever the medium used to manifest thought forms, I like to think they can only come into existence through a desire to know the unknown. I will mostly stick to the term zero point energy to be the medium for manifesting thought forms.

Axiom 4

$$\mathbf{0 + 1 = 1 \text{ and } 1 + 1 = 2}$$

$0 + 1$ is not a duality as we might think at first glance. Nonexistence is the absolute zero whereas existence is one. ($0 + 1 = 1$) and duality means two fold. ($1 + 1 = 2$) With this I mean that existence started from the absolute zero (0). It started from an unlimited potential that is a quality without quantity. For this reason we can assume that existence needs nonexistence to exist.

Axiom 5

$$\mathbf{1 + 1 = 2 \text{ and } 1 + 1 + 1 = 3}$$

One (1) is the zero point energy field as there is only one such field. The zero point energy field is the carrier field of the divine mind. In order to create within this field at least two elements are needed. One (1) is an intention and the other one (1) is the manifestation of that intention. $1 + 1 = 2$ can be seen in several different ways. Only source has no part in this equation as source is the absolute zero (0). Creation always starts in a dual form for the simple reason that it needs an intention and the manifestation thereof.

We can also associate the duality (two fold) of existence with four elements that are each other's opposites such as:

- 1. sending - receiving**
- 2. reaching - withdrawing**
- 3. masculine - feminine**
- 4. intention - attention**

These dual concepts are more or less synonymous. **Intention** is **masculine** and when you intend you **reach** from a viewpoint toward a receipt point in order to manifest the intention at that receipt point. When this happens we call it **receiving** or manifesting.

Attention is mind and mind is **feminine** and **feminine** is **withdrawal** from reaching in order to **receive** (manifest). Feminine can only reach for the purpose of changing thought forms. Feminine cannot create from nothing to something as masculine can do.

One (1) cannot exist without another one (1) that interacts with it. That is the deeper meaning of $1 + 1 = 2$. Masculine cannot operate without feminine and the other way around. When feminine tries to create, it can only change masculine intended creations and thus make them imperfect.

Only the zero point energy field can be considered one (1). As soon as an intention manifests in the field we have one (1) the zero point energy field + one (1) that what is being manifested = two (2). When we add the intention to this equation we have $1 + 1 + 1 = 3$. Zero point energy (1) + the intention (1) + the manifestation (1) = 3. So we could state that existence comes about through three elements.

And from that initial state when more than one (1) intention is manifested we have a multitude of $1 + 1 = 2$. Intention (1) + manifestation (1) = 2. As a manifested intention uses zero point energy to create a thought form the zero point energy field has changed. That makes the creative process an actual trinity.

Intention could be seen as the source of any and all creation but only when unadulterated. When we mess with manifested intention we get counter intentions or other intentions that can change the original intention. These intentions could both be seen as positive and negative. No matter how it is looked at it doesn't change the fact that it is an alteration from the original intention.

All original intentions from the Aeons are perfect. All their manifestations are obviously perfect as well. The only exception is the Aeon Sophia, that is to say the feminine side, who took on the role of her consort, the masculine side, by both intending and manifesting herself and in that way bypassing her consort. Sophia as a mind could not intent with perfection causing imperfect manifestation and here we are, living in her imperfect universe.

How the perfect universes from the other Aeons look like we have no way of visualizing as we would have to be in these universes in order to see it.

Fundamental Philosophical Axioms

Axiom 1

Only not knowing can limit knowing

Knowing, not knowing, nothingness, emptiness, nonexistence, absolute zero, absolute potential, spirit, absolute truth are all pointers that point towards the same qualities and those are the qualities of source.

As stated before I see the absolute zero as a quality without quantity that has an unlimited potential. A quality without quantity, as a potential, has no place within existence. For that reason it can only be the cause of existence. A pure quality doesn't require quantity. Only existence requires quantity.

Source is total knowing. The only possible limitation for total knowing is not knowing. It is not knowing that is indirectly responsible for existence.

Not knowing creates a desire to know and it is the desire to know that creates zero point energy in which thought forms can exist.

Don't try to put your head around this as the mind cannot know its creator (total knowing). If it could the mind would cease to exist.

Axiom 2

Not knowing creates a desire to know

This seems obvious, but is it? If you don't know something do you always have a desire to know it? Not really. Maybe we just don't want to know what we don't know. We might not be interested to know the unknown or maybe we are afraid to know the unknown or we just don't care to know.

There is nothing wrong with not wanting to know as there is nothing wrong with wanting to know either. It is all part of the life we live. Wanting to know might result in increased awareness whereas not wanting to know might lessen awareness or at least not improve it. It is a choice and the outcome will determine whether you will consider it good or bad. Wanting to know things might increase your understanding of things whereas not wanting to know might decrease your understanding of things. Both can be equally burdensome or liberating depending greatly on how you look at them.

The desire to know comes first. Only when this desire is sufficiently blocked it will cease to exist and might go in reverse and so become a desire to not know. There is a whole gradient scale in between these two desires. The element of emotion plays a major part in [this awareness scale](#).

The word desire has an emotional connotation to it. This is so because emotion is an inextricable part of existence. Existence begins with a pure intention void from emotion.

When you want something and there are no doubts that could hinder its manifestation emotion has no part in it. This is pure unadulterated intention. Pure intention isn't the same as knowing but I think it is as close as you can get toward knowing.

Pure intention is the second deviation from knowing. The first deviation is not knowing. Unadulterated intention is how awareness and therefore existence came about.

Axiom 3

The desire to know creates awareness

At the beginning of creation, if there is a beginning, there is a pure intention to know what is unknown. Knowing and the unknown both play no part within existence.

Zero point energy is the ultimate medium for creation. It is what holds the divine mind in place. The divine mind being the entirety of existence. Existence being the manifestation of thought into forms.

Original thoughts come from the extensions of source, called the Aeons in Gnosticism, and manifest within zero point energy as the universal or divine mind.

The element of desire, being a deviation from pure intention, adds the element of emotion into the divine mind.

Awareness consists of three elements namely intention, attention and emotion.

It is the element of emotion that keeps us away from knowing. Without emotion thought forms would simply evaporate. The same could be said from intention and attention.

Without intention and attention emotion could not be generated. Take one of these three elements out and there goes existence.

You might argue that there are beings that are without emotion. I don't think that is the case. They might be stuck within a certain low level of awareness and therefore unable to feel compassion for others and in extreme cases not even for themselves. They can only manifest the emotions that belong to their particular awareness level. They can copy higher levels but they can't feel the emotions belonging to these higher levels of awareness.

Intention in combination with attention can form a viewpoint within zero point energy from which creation can take place.

Only a spirit can take on such a viewpoint. It is first and foremost the Aeons that take on this viewpoint, intention being their masculine part and attention being their feminine part. Or, to state it differently, intention being their spiritual part and attention being their mental part.

When all this holds water it means that the Spiritual Realm, named the Pleroma in Gnosticism, isn't void of energy as the mind has zero point energy as its foundation and is all about energy manifestation.

To me it is undeniable that thought forms need an energetic medium to exist and to exist in.

Axiom 4

Knowing is spirit and it is the mind that creates a desire to know within a spirit.

Here I asked myself whether knowing and spirit are synonymous or even exactly the same. I came to the assumption that these words are synonymous but not exactly the same. To a degree knowing is spirit, as spirit knows, but essentially knowing is source, spirit (knowing) being its main aspect. The other aspect of source is not knowing. For source to know itself it has to have something to know about so it envisioned not knowing to be a part of itself. Not knowing resulted in the divine mind.

The divine mind didn't come about through a desire to know but a plane intention to know the unknown. Desire, which manifests as emotion, could only be introduced by the extensions of source, the Aeons.

Emotion is an energy manifestation that cannot be a part of source as source really is source and not energy.

Source isn't even creating energy directly. It is the Aeons that create the zero point energy field and the thought forms in the field for source to know about. The Aeons are both a spirit and a mind. Source is both knowing and not knowing.

Emotion is most dense in our plane of existence and least dense within the spirit world (Pleroma).

Since spirit is knowing it is void from emotion. However when spirit becomes individualized, as is the case with the Aeons and thanks to the Aeon Sophia with us, spirit can become aware of emotions.

An individualized spirit has taken on a viewpoint and created an aura of subtle energy around its viewpoint. This is how it can interact with creation.

From this aura of subtle energy it can create any form it desires. I believe that this aura of subtle energy is in fact zero point energy shaped into a form that suits spirit for spirit to become individualized.

Spirit can not only create its own spirit body and thus become an individualized spirit, it can also create anything as it (being absolute zero) has unlimited potential.

The Aeon Sophia is the original creator of humanity. She gave humans a spirit. Humans are the only beings that have a spirit or, probably more correct, are an individualized spirit. The Aeon Sophia is both an individualized spirit and a mind. Since we are an aspect of her individualized spirit we too are individualized spirits and at the same time being a personality within our own personal mind that exists within her mind. Her mind is the universe we humans live in.

The mental part of Sophia is her feminine side and her spiritual part is her masculine side. This cannot be compared with male and female as with humans.

The masculine part of an Aeon is its spiritual side and the feminine part is the part that receives the intentions from its spiritual side. The masculine part needs the feminine (mind) part to manifest its intentions into thought forms.

Remember that a spirit has unlimited potential. Maybe you can understand that it takes an unimaginable effort to keep us humans enslaved as we basically are a spirit, better known as a spiritual being. But the archons are masters in enslavement and can, to this day, succeed in keeping us down. They cannot understand our spiritual inheritance. We seem so unpredictable to them that it must drive them crazy sometimes.

Sophia creating without her spiritual counterpart gave life to the demiurge.

The demiurge, named Yaldabaoth in Gnosticism, is a subordinate deity who is the creator of our dense material world. Yaldabaoth is an ignorant, imperfect Aeon and that is why he is seen as an archon and not an Aeon. Because the Aeon Yaldabaoth was ignorant and therefore imperfect, he and his helpers needed a different name and that is how the word archon came about. There is much more to this story all written up in ancient scriptures the Gnostic teachings being one of them.

Source all by itself has no desire to know the unknown as it knows everything there is to know and is every aspect of existence.

The desire to know the unknown can only generate from the Aeons. Each Aeon has a number of spiritual qualities that are used in the creation of their minds. This creative process is done with pure intention and absolute perfection. Only within an Aeons mind can a desire to know ensue.

In the Gnostic Teachings it states that source (the Monad) is all there is. This contradicts my view of source. As I see it, source can only be all there is through its extensions (the Aeons). Without the Aeons nothing would exist. Existence emanates from the Aeons, not from source.

A spiritual being knows but doesn't know all there is to know. That is how a spiritual being differs from source (the Monda). Its individualized mind makes a spirit become aware. Awareness keeps a spiritual being away from knowing as awareness, through emotion, only attracts or rejects knowing. To me this is the underlying reason for the experience we call life.

Axiom 5

When the mind separates from spirit too much the desire to know inverts and thus becomes a desire to not know and this is how awareness fluctuates between the desire to know and the desire to not know and all the levels in between.

Apparently this is what happened when the Aeon Sophia fell away from the Pleroma losing her creative ability that is to say her masculine spiritual side. The Aeon Sophia never really left the Pleroma. She only created imperfect copies of herself that started a life of their own one of them being the demiurge Yaldabaoth.

We humans have the same problem. We allowed ourselves to feel separate from our individualized spirits placing most, if not all, our attention on our minds and thus being unable to create within our minds at will. Mind can only copy or change what a spiritual being creates. The creations of a spiritual being are perfect as spirit is knowing. When the masculine intentions are disconnected from the feminine energy imperfection ensues.

Since we are both a spiritual being and a personality (ego) we can disconnect from our spiritual self to the extent that we are only a personality within our mind and thus lose our spiritual, creative abilities. This, pretty much, is the human condition. Many people can still create from their spiritual self and thus create beauty in form and other good things that happen in this world.

Just as our spiritual mother, the Aeon Sophia, started her creation without her spiritual counterpart (consort) so do we, lacking the intentions of our spirit, create our imperfect personal mind.

Axiom 6

A Spirit wants to know all there is to know contrary to mind not wanting to know all there is to know.

When spirit (source) individualizes by taking on a viewpoint it still knows but loses total knowing. Spirit is source (total knowing) whereas a spirit (the masculine part of an Aeon) knows according to its specific qualities endowed by spirit (source) (the Monad).

Mind (the feminine part of an Aeon) doesn't want to know all there is to know as it wants to allow for the qualities of spirit to take form.

I am always careful in how I use the word knowing. I realize that the word knowing is very much used in the meaning of knowledge and understanding and there is nothing wrong with that. It is just that, in my view of life, there is a much deeper meaning for the word knowing and that is source. I also tend to think of source as the mystery of all mysteries as knowing cannot be understood.

Axiom 7

For the mind to persist it has to stay away from knowing as knowing will evaporate mind and turn it back into spirit (knowing)

This seems obvious but is it? What happens when you know something? Knowing cancels out thinking and thinking thoughts into thought forms is the creative process.

When you know how to drive a car you don't think about it anymore. You just act from knowing. Even the patterns that form within the subconscious mind can only work through knowing without thinking.

When the subconscious mind becomes again conscious we as a spiritual being can see the patterns installed and change them at will.

This is what the souls that are not spirited cannot do. They can copy or change installed action patterns but they cannot nullify them and create entirely new patterns as this can only be done by a spiritual being.

For a spiritual being to nullify an action pattern or behavior pattern it only needs to know it completely. At that precise moment the pattern has become spirit (knowing) and thus has ceased to exist.

This is how the world from the Demiurge (the world we live in) will end. The spiritual side of the Aeon Sophia, called Christ in Gnosticism, will at a certain point know it completely. At that point it will cease to exist. This, in Gnosticism, is called the consummation of the age.

Axiom 8

Spirit is unlimited possibility that lacks quantity and therefore energy and therefore a location in space.

You could think that spirit is nothing and mind is everything and that would be quite correct in my theory of everything. Source (the Monad) is all there is which is to state that source is the divine mind because that is all there is.

As stated before, source can only be all there is in an indirect way. It is the Aeons that are all there is as together the Aeons create and are the divine mind.

When an Aeon creates its mind its spiritual side cannot be a part of that creation. It has to remain outside of creation. If the spiritual side of an Aeon wants to become part of its mind side it would have to assume a viewpoint within zero point energy and so become a spiritual being separate from its Aeon. The separated spiritual being within the mind of the Aeon would need zero point energy to form an energy field around it or it could not exist in the Aeons mind. This apparently is how the human spirit came about.

It is the Aeons and us, as Sophia's individualized spirits, that created all there is. The Aeons direct connection with source enables source to know all there is to know.

Source (the Monad) as spirit cannot create existence as existence is created from a viewpoint and spirit has no viewpoint. Only a spiritual being has a viewpoint. For this reason the Aeons emanated from source.

Axiom 9

Spirit can individualize by taking on a viewpoint and it can only do this by creating an energy field (body) around this viewpoint. This is how spirit becomes a spiritual being.

The reason I think this is true is because of what I wrote in the clarification of axiom 8.

The body of a spirit being some sort of subtle energy field could probably take on any form that a spirit desires and so can we as individualized spiritual beings.

This concludes my clarifications of all the above axioms.

I will now attempt to summarize all this information to come to a more concise theory.

A More Concise Theory of Everything

In my theory of everything source is both existence and nonexistence but can only be existence through its extensions (the Aeons). In other words source is both spirit and, through its extensions (the Aeons) the divine mind.

The divine mind consists of zero point energy and thought forms created from this energy. Thought forms are not only created with zero point energy but also supported by it. Zero point energy that contains no thought forms could be seen as a vacuum for creation.

Zero point energy, the field, scalar waves, original substance etc. comes into being through not knowing and knowing. This is how energy is created from nothing as both knowing and not knowing are beyond energy. Knowing and not knowing, being each other's opposite, create energy and this is the crude energy that can be used to create thought forms. You cannot really see knowing and not knowing as opposites as they are void from energy but still they are not the same either.

Not knowing at first gave birth to intention. And the intention was to know the unknown. This was not leading towards any form of existence as the unknown would be known at the same instance the unknown would be confronted with knowing.

So, something was needed to weaken the intention to know the unknown. And this something was attention. Attention can only happen when it is directed from a viewpoint.

When source takes on a viewpoint it can no longer be totally knowing as it has become an individualized spirit called an Aeon in Gnosticism. Therefore only the extensions of source the Aeons have taken on viewpoints within zero point energy.

When a viewpoint is taken on attention is needed in order to view. In order to view from a viewpoint a medium is needed that can be used to create space. This is the field, zero point energy, scalar energy or whatever the medium really is. For thought to manifest into forms we need some type of energy that provides the space for creation.

Attention gives intention a direction. Not that intention needs direction. Pure intention would make the unknown known instantly and we wind up with no creation. Attention inhibits intention because now intention has to be directed from a viewpoint.

In order to slow things down even further emotion has to come into play. Emotion makes attention less workable and now we have the ingredients for existence.

Emotion inhibits perception. Through intention, attention and emotion we can stay away from knowing and thus experience life.

Zero point energy has a positive and a negative side or plus and minus wave/particle. This is why, according to Tesla, electricity could be generated from it. Don't ask me how but apparently he had it all worked out.

It would be a grave mistake to limit spirit (source) to a single quality that is to know everything. There is no limitation within source meaning its qualities must be limitless. This means that the qualities of a spiritual being (an Aeon spirit or a human spirit) must also be unlimited.

There however seems to be one quality that underlies all other qualities and that is the quality of love.

The love of a spiritual being cannot be compared with the love of a mind personality. Love between thought forms is attraction and attraction is an energy manifestation. Love from a spiritual being is without energy. It is also without emotion as emotion too is energy.

The love of a spiritual being is without reach. It cannot reach your mental personality or withdraw from it as it essentially is Omni-present. Its presence cannot be compared with existence since it is a nonexistent quality without quantity. It is beyond comprehension but it can be felt by a mind personality.

Spiritual love is indefinable just as knowing is indefinable. It just is. But it can be experienced by the soul personality. All the virtues that humans are capable of stem from spiritual love.

The mind cannot deal with spiritual love. Mind personalities change spiritual love in emotion so it can be experienced in all levels of awareness.

The difference between the Aeon Sophia and the other Aeons is that the Aeon Sophia created her mind with imperfection as she created it without her spiritual consort. With her spiritual consort unknowing (ignorance) and thus imperfection could never have happened. This is how negative emotions came about. This is also how the phenomena of attraction and rejection became the driving forces of her mind.

The other Aeons, that is to say their masculine sides only know according to their qualities given to them by source (the Monad). Only the Monad knows everything there is to know.

Since Sophia's mind, the mind we live in, is all about change the elements of reach and withdraw or attraction and rejection can take on an extensive variety of emotions that can inhibit or accelerate awareness.

Within the lowest densest part of her mind, the world we now live in, emotion is manifested in the strongest possible way. This is because negative and positive emotions, which could be seen as rejection and attraction forces, can go into effect without the individual consciously controlling them.

It is the subconscious mind that makes it so hard for us humans to learn from our mistakes. The demiurge Yaldabaoth knew what he was doing when he gave us amnesia in the form of a mind we couldn't look into. It makes it difficult for us to change the programs that don't suit us.

This concludes my summary for now.

I do realize this all might be hard to fathom. Not because of its complexity. My theory of everything is not at all complex. The problem is with the things I bring up in this theory. It is the essence of life that cannot be understood. As far as I know, most people don't ever think about the essence of life.

They rather believe what authorities tell them to believe such as 'there is a God watching over you' so they can feel safe.

I am not an authority on spiritual matters. Not by a long shot. I just try to use logic and common sense to come to my conclusions.

Nothing in this writing is to be seen as dogma. Either it resonates with you or it doesn't. If it doesn't it is fine with me. We all see things from a different perspective. If you just believe what I write here is the truth you are just a believer not someone that wants to think about the essential questions of life and livingness.

It is my wish for you that you find things in this theory that might help you on your evolutionary track towards salvation.

I did an earlier attempt to come to grips with the essence of life and this resulted in another e-book that I called "[My Philosophy about Life](#)". But my understanding of things evolved so I felt inclined to write about my new insights.

For myself I am content with my theory of everything so far. My view will most probably change again in the future but for now, to me, it is an acceptable one.

Glossary

This is a glossary of terms used in my theory of everything and other terms that can be associated with this theory. I studied these words in different dictionaries and then made up my own definitions for them.

On several terms I have given additional inside in italics. There are terms used in the definitions that are explained in this glossary. When this is the case they are written in bold the first time they appear.

I hope they make some sense to the reader.

Aeon =

- An extension of source

Aeon Sophia =

- The **Aeon** that created us humans and the universe we live in. She gave us our spiritual side from her spiritual side referred to as **Christ**

Archons =

- **Jaldabaoth** and his helpers

Artificial Mind =

- A stimulus response mechanism that is outside the control of the **ego**
- An assembly of mental patterns that makes life on Earth possible
- Existence unpurified of **archontic** influence

Awareness =

- The **intention** to know what is unknown
- The intention to know or not know about existence or changes in existence
- A combination of intention, attention and emotion

Christ =

- The spiritual side of all the Aeons combined including **Sophia**

*Maybe Christ could be seen as the closest extension from **Source***

Consciousness =

- **Awareness**
- Existence

*Consciousness is what every guru or religious teacher makes of it. I like to keep it simple. All mind ego's and **spiritual beings** have only one goal in common and that is to know the unknown through observation or experience or both whether they are conscious of it or not. Consciousness is both observation and experience and that is what awareness and existence entails.*

Divine Mind =

- The entirety of existence as experienced by all ego's and spiritual beings

Ego =

- The **personality** in its own **mind**

Fact =

- An agreement or belief that can be experienced

Grid =

- A transparent barrier between the 5th dimension and the first of the 7 dimensions beyond this barrier. The astral realm is located in one of the 5 dimensions below this barrier. The astral realm is where we go when we die but also when we leave our body during sleep or through out of body experiences (OBE).

*This barrier is held in place by superior technology in combination with mass human consciousness. Since a segment of humanity is rising in consciousness there are dark holes in this barrier through which an escape from **Yaldabaoths construct** has become possible. As long as we as a **soul** are connected to the physical body we cannot escape through the dark holes in this barrier.*

Ignorant =

- Not knowing
- **Consciousness**

Ignorance does not only exist in Yaldabaoths construct. Ignorance, in the meaning of not knowing, is what caused existence in the first place.

Individual mind =

- The mind that belongs to a soul, a soul fire or a group of soul fires belonging to the same soul
- All that has manifested within the zero point energy field as intended by an Aeon or us humans as **spirited souls**
- All thought forms and changes in thought forms pertaining to the mind of the ego
- All manifestations within the mind of an Aeon

Intention =

- The first energy flow that resulted in the **divine mind**

- The wish or desire to discover, by observation or experience, that which is **unknown** by the observer.
- A purpose or goal that gives form to that what is unknown to the observer.

Knowledge =

- **Facts** gained through **wisdom**

Even though a fact is gained through wisdom it still is an agreement or belief.

Mind =

- The projections of thoughts
- The manifestation of thought forms experienced by the ego and observed by its spiritual being also called higher self
- Awareness
- Attention
- The feminine side of an Aeon

The mind (consciousness) exists for the sole reason to know the unknown through observation or experience or both.

Monad =

- Source

Personality =

- An assembly of emotional and behavioral character traits that distinguishes one individual from another
- The ego
- The command center within the personal mind

Soul =

- An array of nano flames that project the individual mind.

*For now I tend to think that our mind is getting its energy from the soul. Without the energy of the soul the mind would not be able to manifest as it does. I also tend to think that the soul gets its energy from the zero point energy field and that we take our soul/mind into the eighth and ninth dimension when we escape from **Yaldabaoths construct** or rise above his seven dimensions.*

Source =

The Monad in Gnosticism

Spirit =

- Total knowing
- Source (the Monad)
- The essence of life

Spirit can be experienced by a spirited soul (humans) but is in essence the Monad.

Spiritual Being =

- **Spirit** taking on a viewpoint
- The spirit body consisting of an aura of zero point energy
- The masculine side of an Aeon

Spirited Soul =

- Humans are souls but also spiritual beings. This makes humans very special as we are the only ones in Sophia's universe endowed with her spiritual side referred to as Christ. This is unique in the universe(s) of the Aeon Sophia.

Total Knowing =

- Source (The Monad)

We cannot understand or observe the Monad but we can believe in it.

The reason I believe the Monad can be compared with knowing is that knowing can also not be observed. We cannot become conscious of knowing as knowing cancels out consciousness. This might be hard to fathom so let me put it like this, when you know something will happen your mind is silent in fact your mind is not involved in the "process" of knowing. You might have a picture of what you want but knowing that it will happen doesn't require anything, quite the contrary anything added to knowing will stagnate or alter the manifestation of the original intention. Even intending something is already a deviation from knowing.

Understanding =

- The result of reasoning
- Having a clear mental concept of something
- The basis for new ideas
- Seeing the differences and similarities within an aspect of existence
- Compassion
- Having an array of facts that one is in agreement with

You might think: 'What does agreement have to do with understanding?' I think that reality is agreement. Things are real to us because we agree they are. Agreement can also be seen as a belief. We believe we live in this world and we agree we live in this world. It is a collective agreement/belief.

Unknowing =

- Not knowing; ignorant

When my assumption of the Monad "being" knowing is correct then unknowing must be the first distortion from knowing. Only through unknowing the wish or desire to know could ensue. This is how intention came about. Intention basically is a wish or desire to know.

Wisdom =

- Understanding gained through observation and experience

We can come to an understanding of things in basically four ways. Through reasoning, observing, experiencing and acceptance. When understanding is based on acceptance it is based on belief of others. We believe what other(s) have told us. Most of our understanding is based on belief installed in us by others. Wisdom has nothing to do with believing others.

Yaldabaoth =

- The chief Archon who created the physical world we live in. Also known as Lucifer, Demiurge, Enki and many other names.

Yaldabaoths construct =

- This construct consists of 12 dimensions of which there are 5 dimensions below the **grid** and 7 beyond the grid. Beyond the 7th dimension are the 8th and 9th dimension and beyond the 9th dimension is the world of the **Aeons** (Pleroma). Humans on earth live in the 1st dimension. This is the lowest dimension, the bottom of his construct.

Yaldabaoths construct extends to the 7th dimension. The 8th and 9th dimension are also called Orion in the Wes Penre Papers. The dimensions in Gnosticism are called heavens. A dimension can have many densities that flow over in each other. Also the dimensions flow over in each other. Basically these dimensions and densities are all perspectives held in common by their inhabitants.

Zero Point Energy =

- The fundamental energy of which all thought forms are made and in which all thought forms dwell.
- Other names for it are scalar waves, chi, life force, prana, original substance and the field.
